

Level 2 Award in Health and Safety in the Workplace (RQF)

Who should attend?

Employee's with little or no prior knowledge on health and safety issues which they will encounter during their working day and who require a nationally recognised certificate.

Overview and benefits

The course has been designed as a first level entry incorporating fundamental occupational health and safety knowledge for all employees that will enable them to contribute to any health and safety management system. Overall it enables candidates to understand:

- ❖ The principles of accident prevention
- ❖ That risk assessment is an important technique for accident prevention
- ❖ The risks associated with manual handling
- ❖ The risks associated with hazardous substances
- ❖ How workplace equipment and task design affect health and safety
- ❖ The potential long and short-term affects of exposure to noise and vibration

Course content

- ❖ Legislation
- ❖ Health, safety and welfare in the workplace
- ❖ The workplace and workplace equipment
- ❖ Safety – accident prevention, slip, trips and falls, electricity, fire prevention
- ❖ Risk assessment
- ❖ Manual handling
- ❖ Hazardous substances
- ❖ Working at heights
- ❖ Ergonomics and workstation design
- ❖ Transport and vehicles
- ❖ Noise and vibration

Outcomes

Candidates will be able to:

- ❖ Work in a safe and healthy manner
- ❖ Contribute to improving health and safety within their organisation
- ❖ Identify key hazards in their workplace
- ❖ Understand the importance of health & safety rules and working procedure
- ❖ Report potential health and safety problems

Prerequisites

The candidate requires no previous qualification or experience

Further information

Awarding body: Highfield Qualifications

Course duration: 1 day programme

Assessment method: 20 multiple choice examination paper (pass req. 12+ correct answers)

Candidates with learning difficulties/disabilities will have access to additional resources

Refreshment of this course is recommended every 3 years